



You Are Invited!

Join us for a virtual family engagement event!

Supporting My Child's Social Emotional Development

Date: Friday, December 20, 2024

Session 1: 9:30 a.m.–10:30 a.m. PT Language: English

Zoom Link: <https://lakeshorelearning.zoom.us/j/88577573496?pwd=9GprZWsjJs3j5zmtORNU3jH1CODLIY.1>

Session 2: 11:30 a.m.–12:30 p.m. PT Language: English

Zoom Link: <https://lakeshorelearning.zoom.us/j/86810755632?pwd=pWOWrBEakZTvpTZ6C4DvY61SC5Pen.1>

Session 3: 1:30 p.m.–2:30 p.m. PT Language: Spanish

Zoom Link: <https://lakeshorelearning.zoom.us/j/84923216987?pwd=SJhaWEKtKzjHTGB6qHTDDH3YrC78Y4.1>

Parents and families play an important role in nurturing their child's social and emotional development, however, this can be both rewarding and challenging at the same time. Critical to providing support is having realistic expectations of a child's development at different ages. In this session, we will identify realistic expectations of children's development for ages 3-5, while keeping in mind that all children develop at their own pace. We will dive into emotional awareness to help your child recognize and understand their own feelings and actions as well as those of others. You will also learn how to help your child become aware of how our feelings and actions affect ourselves and others. Finally, we will discuss the importance of self-regulation and learn how to support your child in being able to express their thoughts, feelings, and behaviors in socially appropriate ways. So, come ready to learn about the importance of social emotional development. This is going to be a great time of learning together!

Can't wait to see you there!

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