



# You Are Invited!

**Join us for a family engagement event!**

**Social-Emotional: Supporting My Preschooler to Develop Self-Regulation Skills**

**Date: Friday, October 4, 2024**

**Location: Roberta C. Cartwright Elementary School, 1050 E. Gary Ave., Las Vegas, NV 89123**

**Session 1 (English): 9:00 a.m.–10:00 a.m. PT**

**Session 2 (English): 11:00 a.m.–12:00 p.m. PT**

**Session 3 (Spanish): 1:00 p.m.–2:00 p.m. PT**

**Scan QR Code to Register for the Session of Your Choice:**



Research has shown that self-regulation skills are the underlying proficiencies necessary for learning and success in school. In this session, we will explore what self-regulation is, why it's important, and how to support your child in developing these essential skills. These skills begin developing in early childhood and are fully developed into adulthood. We will discuss strategies and activities that can be utilized at home to support its development.

**Can't wait to see you there!**

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